

# LOOK WITHIN AND ACCELERATE CHANGE

## 15th Annual Conclave on Diversity in the Legal Profession

Friday, August 11, 2023 · Four Seasons New Orleans Hotel · 2 Canal Street, New Orleans, LA

### KEYNOTE SPEAKER



**Anne M. Brafford, J.D.**

Founder, Aspire  
*Los Angeles, CA*

After practicing law for 18 years, Anne left her job as an equity partner in employment litigation at Morgan Lewis to study with world-class experts in individual and workplace thriving. Anne is the founder of Aspire, an education and consulting firm for the legal profession. She is a co-founder and the Vice President of Programming for the Institute for Well-Being in Law and the Chair and founder of IWIL's Well-Being Week in Law. She is a past Chair (2016-2020) and Vice Chair (2015-2016) of the ABA Law Practice Division's Attorney Well-Being Committee. As part of her role with the ABA's Presidential Working Group formed to investigate how legal employers can support healthy work environments (2017-2019), Anne authored the freely available ABA Well-Being Toolkit for Lawyers and Legal Employers. Anne authored an ABA-published book titled *Positive Professionals: Creating High-Performing Profitable Firms Through the Science of Engagement*, which provides science-based guidance to law firm leaders for boosting work engagement for lawyers. Anne was the Editor-in-Chief and co-author of the 2017 report of the National Task Force on Lawyer Well-Being, *The Path to Lawyer Well-Being: Practical Recommendations for Positive Change*.

Anne has earned a Master of Applied Positive Psychology (MAPP) from the University of Pennsylvania (2014) and is nearing completion of her doctoral work in positive organizational psychology at Claremont Graduate University. Her dissertation focuses on the development of workplace inclusion. Anne's research generally focuses on lawyer thriving and includes topics like inclusion, positive leadership, workplace well-being, work engagement, motivation, mental health, and retention and advancement of women lawyers. Anne can be reached at [abracford@aspire.legal](mailto:abracford@aspire.legal).